Jefferson Center for Healthy Aging has gained rising visibility for its initiatives in the Philadelphia region by teaming with other practices, departments, and community to frame and advance older adult care using the 4Ms, creating a path for others to follow.

They wasted no time in collaborating with colleagues throughout the system and the Institute for Healthcare Improvement (IHI), in partnership with the American Hospital Association (AHA) and the Catholic Health Association of the United States (CHA), designed to meet this challenge head on.

Age-Friendly Health Systems is an initiative of The John A. Hartford Foundation, a national movement to create a true age-friendly practice and system. The Center successfully implemented UCLA's Alzheimer's and Dementia Care (ADC) program, integrating this model with 4Ms-related metrics. The Center started with What Matters, adapting the All About Me form from Kaiser Permanente, to pinpoint patient priorities.

It then added screenings for depression, and other key 4Ms-related metrics. In the works is a systemwide initiative to produce a true age-friendly practice and system. The Center was an early adopter of the American Medical Association's Consultative Practice Certification, and their fulfillment of the distinct needs of their older-adult community served as a major catalyst for the system. The Center started with What Matters, adapting the All About Me form from Kaiser Permanente, to pinpoint patient priorities. The Center kicked off with What Matters, adapting the All About Me form from Kaiser Permanente, to pinpoint patient priorities. The Center used the 4Ms to aligning 4Ms with culturally appropriate language and practices to meet the distinct needs of their older-adult community served as a major catalyst for the system.

According to the US Census Bureau, the US population aged 65+ years is expected to nearly double over the next 30 years, from 43.1 million in 2012 to an estimated 83.7 million in 2050. These demographic advances, however extraordinary, have left our health systems behind as they struggle to reliably provide evidence-based care to every older adult at every care interaction.

Addressing a major gap in dementia care by working closely with patients and their caregivers to guide them through this challenging condition is a key mission of our program.

The Center set a high bar for older adult care by working closely with patients and their caregivers to guide them through this challenging condition is a key mission of our program.

The Center has become a leader in the movement to create a true age-friendly practice and system.

Creating an Age-Friendly Care Ecosystem

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Age-Friendly Health Systems

The Center started with What Matters, adapting the All About Me form from Kaiser Permanente, to pinpoint patient priorities.

The Center centered its efforts on what matters most to our patients and their caregivers.

We wanted to join a leading movement and used it as a launch pad to become a true age-friendly practice and system.

More adults seeking memory care assessments prompted a dementia care management program.

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