

Age-Friendly Care System-wide Spread Self-Assessment

The System-wide Spread Self-Assessment is intended for health systems spreading the reliable provision of 4Ms care across their system. The assessment is designed to help systems identify strengths and opportunities as they relate to the drivers of spread of the 4Ms as described in the guide, [Spreading Age-Friendly Care: Drivers of Successful Health System-wide Spread of the 4Ms](#).

We recommend that teams use the assessment to promote reflection and discussion among team members and system leaders at all levels. Questions to prompt discussion can be found at the bottom of the table.

Ask different team members, working at different levels of the organization, to complete the assessment individually. Then, compare results. Any variation in assessment can prompt meaningful discussion on perspectives and next steps.

Domain	At the beginning	Initial progress	Moderate progress	Substantial progress	Fully realized
System-wide Leadership					
Our system has a plan for scale and spread of the 4Ms to reach our established aim					
A system lead is supported to shepherd the spread of the 4Ms					
We have a process to communicate with staff, leadership, patients, and caregivers related to the 4Ms					
Health system leaders set and track progress toward the aim for 4Ms spread across the system					
Patient and Caregiver Engagement					
We collect and share stories of the impact of the 4Ms on older adults					
We provide resources for older adults about the 4Ms					

Domain	At the beginning	Initial progress	Moderate progress	Substantial progress	Fully realized
We engage older adults from marginalized communities in identifying challenges and solutions for equitable delivery and spread of the 4Ms					
We leverage resources to address unmet needs of older adults identified in social determinants of health (SDOH) screenings					
Caregivers are documented in the medical record and 4Ms are integrated into caregiver supports					
We engage older adults from marginalized communities in identifying challenges and solutions for equitable delivery and spread of the 4Ms					
Reliable Workflows and Documentation					
We have documented workflows for each of the 4Ms in each setting that support reliable provision of the 4Ms as a set					
We have integrated training on the 4Ms and have a set cadence for education updates and competency evaluation					
The 4Ms are integrated into our electronic health record (EHR)					
4Ms care is provided across care transitions					
The 4Ms are integrated into relevant rounds, huddles, and debriefs as appropriate					
We have documented workflows for each of the 4Ms in each setting that support reliable provision of the 4Ms as a set					

Domain	At the beginning	Initial progress	Moderate progress	Substantial progress	Fully realized
Everyday Measurement and Stratified Data					
We measure the impact of the 4Ms using process and outcome measures					
We stratify measures related to the 4Ms to ensure all older adults are benefiting from the 4Ms					
We are committed to equity in our delivery of age-friendly care and the 4Ms. We review our measures to ensure equitable outcomes					
We are tracking the financial impact of the 4Ms					
We display data over time and leverage it for internal quality improvement of 4Ms care					
Aligning With Health System Priorities					
It is clear to me which organizational priorities and initiatives are supported by the 4Ms					
Dedicated Interdisciplinary Champions					
Our staff understand how the 4Ms improves care for older adults and aligns to their work					
A team of champions across clinical and staff roles are committed to the equitable spread of 4Ms					

After completing the assessment and comparing results, discuss the following as a group:

- Considering our responses, what are the biggest strengths in our system that will propel spread of the 4Ms?

What are the biggest opportunities or gaps in our system related to spread of the 4Ms?

- Where do we want to focus first (or next) to support 4Ms spread?

- What resources and supports are required to ensure our efforts are successful?
- Who needs to be involved in this work who is not already part of these efforts?

When looking at responses across different team members and stakeholders, discuss:

- Which domains had the widest variation in scores? What can we learn about these domains?
- Are there patterns related to who scored differently in specific domains — in terms of role, department, tenure, etc.?
- What might these differences in assessment tell us about how to move forward?

Tip: Use your answers from this assessment to complete the [Age-Friendly Care System-wide Spread Plan](#). It's a tool that helps you develop a vision and actions for moving forward the spread of the 4Ms in your system.