Age-Friendly Health Systems: Evidence-Based Care for All Older Adults

Age-Friendly System-Wide Spread Collaborative Information Session
January 10, 2024

Age-Friendly Health Systems is an initiative of The John A. Hartford Foundation and the Institute for Healthcare Improvement (IHI) in partnership with the American Hospital Association (AHA) and the Catholic Health Association of the United States (CHA).

IHI.org/AgeFriendly
# Agenda

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Participating in Today’s Discussion

Using the Chat
• Introduce yourself
• Ask questions
• Select “Everyone” from the dropdown menu before sending in your questions and comments

Using the Reactions Button
• Click on "Reactions" at the bottom of the screen
• Raise your hand if you would like to speak up
Welcome and Introductions

Please chat in:

• Your name and role
• Organization name
• State
System-wide Spread Team

Dawn Johnson, MSN, RN
Equity Faculty Expert

Laurita Kaigler-Crawle, MS
Project Director

Nicole Korp,
Associate Project Manager

Kedar Mate, MD
President and CEO

Amanda Meier,
Project Manager

Leslie Pelton, MPA
Vice President

KellyAnne Pepin, MPH
Senior Project Director

Christina Southey, MSc
Improvement Advisor
Mission

DEDICATED TO IMPROVING THE CARE OF OLDER ADULTS

PRIORITY AREAS

Age-Friendly Health Systems

Family Caregiving

Serious Illness & End of Life
Our Mission

Build a movement so all care with older adults is age-friendly care:

• Guided by an essential set of evidence-based practices (4Ms);

• Causes no harms; and

• Is consistent with What Matters to the older adult and their family.
Why the 4Ms?

Represents core health issues for older adults

Builds on strong evidence base

Simplifies and reduces implementation and measurement burden on systems while increasing effect

Components are synergistic and reinforce one another
Two Levels of Recognition from IHI

3546
Hospitals, practices, convenient care clinics, and nursing homes have described how they are putting the 4Ms into practices

2033*
Hospitals, practices, convenient care clinics, and nursing homes have shared the count of older adults reached with 4Ms care for at least three months

*Age-Friendly Health System-Participants count is inclusive of hospitals and practices that went on to be recognized as Age-Friendly Health Systems-Committed to Care Excellence
More than 2,900,000 older adults have been reached with 4Ms care.

As of January 2024
Interactive Map of Recognized Age-Friendly Health Systems

View an interactive map of recognized Age-Friendly Health Systems sites.
Scale up and Spread of Age-Friendly Care Across Entire Health Systems

Collaborative Aim: Support health systems to scale up and spread the 4Ms care across sites and settings of care

to create Age-Friendly Health Systems

• 20 health systems will be selected to participate in the Collaborative
• 18 month Learning Collaborative begins April 2024
• Opportunities to accelerate 4Ms adoption, learn with expert faculty, and peers across the country
Age-Friendly System-Wide Spread Collaborative Schedule

4Ms practiced throughout the system with all older adults

Collaborative pre-work
March-April 2024

Learning & Action Period #1 April-Oct 2024
• Quarterly virtual 1:1 coaching for teams
• Bi-monthly 1 hour All-participant Calls

In-person Learning Session #1
April 24, 2024

Learning & Action Period #2 Oct 2024-April 2025
• Quarterly virtual 1:1 coaching for teams
• Bi-monthly 1 hour All-participant Calls

In-person Learning Session #2
October 2, 2024

Learning and Action Period #3 April-Sept 2025:
• Quarterly virtual 1:1 coaching for teams
• Bi-monthly 1 hour All-participant Calls

In-person Learning Session #3
April 3, 2025

All-participant Calls:
• July 2024
• September 2024
• November 2024
• January 2025
• March 2025
• June 2025
• August 2025

Collaborative end and Virtual celebration
September 30, 2025

All-participant Calls:
• July 2024
• September 2024
• November 2024
• January 2025
• March 2025
• June 2025
• August 2025
Collaborative Selection Process and Timeline

Dec 2023
- Invitation, prospectus, and application sent to eligible health systems

02 Feb. 2024
- Applications and leadership support letter due

Mar. 2024
- Systems notified of decision

24 Apr. 2024
- Learning Session
  - One full day
  - In-person in Boston

Mar. 2024
- Prework
  - Receive change package, measurement strategy, and self-assessments
Advancing equitable, system-wide 4Ms adoption

(1) Leadership
Health Systems articulate priorities advanced by 4Ms. Health system lead supports adoption and maintenance of the 4Ms system wide.

(2) System Capabilities
Regular workflows, integrated into the EMR, established to support reliably assessing and acting on the 4Ms. Equipment and resources to practice 4Ms is available to patients and their caregivers. 4Ms support care transitions.

(3) Care Team Capabilities
4Ms staff training and articulated in job responsibilities. The relative advantage of the 4Ms is embraced and champions exist who lead the testing, implementation and maintenance of the 4Ms supported by QI tools and methods.

(4) Measurement & Evaluation
4Ms are measured, in health system or age-friendly, dashboard, stratified by age, race and ethnicity. Measurement used for improvement, including equitable integration of 4Ms. Return on investment calculated alongside the impact on patients through stories.

(5) Equity
Equitable implementation of 4Ms is prioritized. Data is stratified to ensure equitable care, and processes are in place to support the unmet needs of older adults in support of the 4Ms.

Source: Age-Friendly Health System site visits
Collaborative Measures and Data Sharing

- Participating Health Systems to share aggregate data once/month for recognized sites (no record level data will be requested)

- Measures will match those detailed in AFHS Guides for each setting and Measures Guide

- Participating systems with existing dashboards will be able to utilize data already collected and reported

- Systems asked to submit data stratified by REaL or strive to do so as soon as possible from the Collaborative start
Involvement

What you can gain:

• Accelerated, equitable, system-wide adoption of evidence-based care of older adults
• Return on Investment and business case articulated for 4Ms adoption
• Qualitative and quantitative data on outcome and process measures
• Build quality improvement capabilities
• Support and coaching with peers, improvement science advisors, and expert faculty

How you will contribute:

• Be recognized as pioneers of system-wide spread in the Age-Friendly Health Systems movement
• Share learnings as you test improvements, including data to accelerate your own and other participating health systems
On-Ramps to Join the Movement

System-Wide Spread Collaborative

**Action Communities** for teams to learn about and practice the 4Ms with the support of expert faculty and a community of peers. Action Communities are facilitated by IHI, AHA, and other movement partners.

**DIY Pathway** for teams to learn about and test the 4Ms on their own using Age-Friendly Health Systems resources.

[ihi.org/AgeFriendly](http://ihi.org/AgeFriendly)
Join IHI’s 2024 Action Community!

- 7-month, virtual community
- Monthly webinars about the 4Ms and resources to support implementation
- Community of testers and learners
- Bright spot examples of organizations sharing how they implement the 4Ms
- Support your health organization’s mission, vision, and values

There is no fee to participate

Visit ihi.org/agefriendly
Age-Friendly Health Systems Participant Community Webinars

Who? Age-Friendly Health System Participants and Committed Care Excellence Organizations

What? Ongoing access to advanced age-friendly topic webinars related to sustaining and spreading 4Ms care

When? Launching 2024

Why? Deepen the practice of the 4Ms within your health system, network with other Age-Friendly Health Systems champions

How? Invites to webinars will be sent to all recognized Age-Friendly Health System key-contacts
Which option best suits your system?

1. We are just starting out:
   Join an upcoming action community

2. We have one or more Participant site: Engage additional sites of care through Action Communities and create a plan to deepen and spread the 4Ms by joining Participant community webinars.

3. We have two or more CCE recognized sites and are committed to system-wide spread: Consider applying for the Collaborative
Questions?