

Bibliography of Resources

*Last updated 8/01/2025

""With the expertise of multiple disciplines, care delivery can be comprehensive, additive, and encompassing of the physical, mental, and psychosocial needs of the individual which lies at the very heart of the AFHS [Age Friendly Health System]."" (Sanford & Elliott, 2025). Sanford AM, Elliott SJ. Developing an Aging-Friendly Healthcare System. *Mo Med*. 2025 Mar-Apr;122(2):102-110. PMID: 40291527; PMCID: PMC12021397."

"Chang, E. S., Kanno, S., Levy, S., Wang, S. Y., Lee, J. E., & Levy, B. R. (2020). Global reach of ageism on older persons' health: A systematic review. *PloS one*, 15(1), e0220857.

"Chassin, M. R., Loeb, J. M., Schmalz, S. P., & Wachter, R. M. (2010). Accountability measures—using measurement to promote quality improvement. *N Engl J Med*, 363(7), 683-688.

"Del Rosario N, Mackenzie CS, Koven L, Reynolds KA, Furer P. "Mental health is a mystery": patient perspectives on treatment engagement in the referral process to specialty geriatric mental health services. *Aging & mental health*. 2025;29(3):478-487. doi:10.1080/13607863.2024.2400262 page 478"

"Delirium in Persons With Dementia: Integrating the 4Ms of Age-Friendly Care as a Set Into the Care of Older People *Journal of Gerontological Nursing*, 2022
<https://journals.healio.com/doi/full/10.3928/00989134-20220909-01>"

"Drenth-van Maanen AC, Wilting I, Jansen PAF. Prescribing medicines to older people-How to consider the impact of ageing on human organ and body functions. *Br J Clin Pharmacol*. 2020;86(10):1921-1930. doi:10.1111/bcp.14094

"Effective patient and family advisory councils. Institute for Patient-and Family-Centered Care website. <https://www.ipfcc.org/bestpractices/sustainable-partnerships/engaging/effective-pfacs.html>.

"Goel, S., Deshpande, S. V., Jadawala, V. H., Suneja, A., & Singh, R. (2023). A Comprehensive Review of Postoperative Analgesics Used in Orthopedic Practice. *Cureus*, 15(11), e48750. <https://doi.org/10.7759/cureus.48750>

"Jeon, D. S. (2021). Geriatric Considerations in the Management of Elderly Patients with Cardiovascular Diseases. *Cardiovascular Prevention and Pharmacotherapy*, 3(2), 38–46. page 38"

"John R. Peteet, Faten Al Zaben, Harold G. Koenig, Integrating spirituality into the care of older adults, *International Psychogeriatrics*, Volume 31, Issue 1, 2019, Pages 31-38, ISSN 1041-6102, <https://doi.org/10.1017/S1041610218000716>.page 32"

"Marcantonio, E. Delirium in hospitalized older adults. *New England Journal of Medicine*. 2017; 377;1456-1466

"Mate, K., Fulmer, T., Pelton, L., Berman, A., Bonner, A., Huang, W., & Zhang, J. (2021). Evidence for the 4Ms: Interactions and Outcomes across the Care Continuum. *Journal of aging and health*, 33(7-8), 469–481.

"Palliative Care for the Seriously Ill. *N Engl J Med*. August 19, 2015.Used under license from The New England Journal of Medicine."

"REf: Age-Friendly Health Systems: Guide to Electronic Health Record Requirements for Adoption of 4Ms July 2019 pg 12

"Rector, S., Stiritz, S., & Morley, J. E. (2020). Sexuality, aging, and dementia. *The Journal of Nutrition, Health and Aging*, 24(4), 366–370. <https://doi.org/10.1007/s12603-020-1345-0> and

"Reference: Williams, P. A., Williams, P. (2019). *Basic Geriatric Nursing*. United Kingdom: Elsevier.

"Santana, M. J., Manalili, K., Jolley, R. J., Zelinsky, S., Quan, H., & Lu, M. (2018). How to practice person-centred care: A conceptual framework. *Health expectations : an international journal of public participation in health care and health policy*, 21(2), 429–440. <https://doi.org/10.1111/hex.12640>

"Shaw, C. A., & Gordon, J. K. (2021).Understanding elderspeak: An evolutionary concept analysis. *Innovationin aging*, 5(3), igab023."

"Shen K, McGarry BE, Gandhi AD. Health Care Staff Turnover and Quality of Care at Nursing Homes. *JAMA Intern Med*. 2023;183(11):1247–1254. doi:10.1001/jamainternmed.2023.5225

"Stelcer B, Bendowska A, Karkowska D, Baum E. Supporting elderly patients in strengthening their personal and spiritual health resources. *Frontiers in psychology*. 2023;14:1237138-1237138. doi:10.3389/fpsyg.2023.1237138page 6"

"Thompson, J., Bujalka, H., McKeever, S., Lipscomb, A., Moore, S., Hill, N., Kinney, S., Cham, K. M., Martin, J., Bowers, P., & Gerdtz, M. (2023). Educational strategies in the health professions to mitigate cognitive and implicit bias impact on decision making: A scoping review. *BMC Medical Education*, 23(1). <https://doi.org/10.1186/s12909-023-04371-5> and

"Vannes C, El-Rady R. When You Hear Hoof Beats, Look for the Zebras: Atypical Presentation of Illness in the Older Adult. *Journal for nurse practitioners*. 2021;17(4):458-461. doi:10.1016/j.nurpra.2020.10.017page 459"

"<https://pmc.ncbi.nlm.nih.gov/articles/PMC6235641/> Review; Current Therapeutics

"<https://pmc.ncbi.nlm.nih.gov/articles/PMC9681180/> Introduction, RACE AND ETHNICITY DETERMINANTS OF HEALTH AT OLDER AGE, EDUCATION"

"[https://www.facs.org/for-medical-professionals/news-publications/news-and-articles/bulletin/2023/september-2023-volume-108-issue-9/cognitive-screening-in-older-patients-may-help-optimize-outcomes/#:~:text=Montreal%20Cognitive%20Assessment%20\(MoCA\)%20is,%2C%20families%2C%20and%20care%20teams.](https://www.facs.org/for-medical-professionals/news-publications/news-and-articles/bulletin/2023/september-2023-volume-108-issue-9/cognitive-screening-in-older-patients-may-help-optimize-outcomes/#:~:text=Montreal%20Cognitive%20Assessment%20(MoCA)%20is,%2C%20families%2C%20and%20care%20teams.)

"<https://www.ihl.org/insights/why-collaboration-key-future-improvement>

"<https://www.ncoa.org/article/suicide-and-older-adults-what-you-should-know/>

"<https://www.nhsinform.scot/illnesses-and-conditions/brain-nerves-and-spinal-cord/delirium/>

"<https://www.rgpeo.com/wp-content/uploads/2020/05/creating-a-senior-friendly-physical-environment.pdf>

: Inouye SK. *The Confusion Assessment Method (CAM): Training Manual and Coding Guide*. 2003; Boston: Hospital Elder Life Program.

AHRQ-Agency for Healthcare Research and Quality. (2015). *Types of Healthcare Quality Measures*. <https://www.ahrq.gov/talkingquality/measures/types.html>"

Amata O, Panella L, Incorvaia C, Tomba A, Gervasoni F, Caserta AV, Callegari C. Role of frailty in functional recovery after hip fracture, the variable impact in restoring autonomy. *Acta Biomed*. 2022 Jan 19;92(6):e2021387. doi: 10.23750/abm.v92i6.11612. PMID: 35075082; PMCID: PMC8823552.

American Geriatrics Society Expert Panel on Care of Older Adults with Diabetes Mellitus; Moreno G, Mangione CM, Kimbro L, Vaisberg E. Guidelines abstracted from the American Geriatrics Society Guidelines for Improving the Care of Older Adults with Diabetes Mellitus: 2013 update. *J Am Geriatr Soc*. 2013 Nov;61(11):2020-6. doi: 10.1111/jgs.12514. PMID: 24219204; PMCID: PMC4064258.

American Geriatrics Society. (2023). American Geriatrics Society 2023 updated AGS Beers Criteria[®] for potentially inappropriate medication use in older adults. *Journal of the American Geriatrics Society*, 71(7), 2056-2081. <https://doi.org/10.1111/jgs.18372>

Assessing cognitive impairment in older patients. National Institute on Aging. (2023, April 16). <https://www.nia.nih.gov/health/health-care-professionals-information/assessing-cognitive-impairment-older-patients>

Assistive devices improve autonomy and reduce fall risks (Bateni & Maki, 2020, p. 60).

Barnsteiner JH. Medication Reconciliation. In: Hughes RG, editor. Patient Safety and Quality: An Evidence-Based Handbook for Nurses. Rockville (MD): Agency for Healthcare Research and Quality (US); 2008 Apr. Chapter 38. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK2648/>

Bhattacharyya, K. K., Molinari, V., Gupta, D. D., & Hueluer, G. (2024). The Role of Life Satisfaction and Optimism for Successful Aging in Mid and Late Life. *Journal of Applied Gerontology*, 0(0). <https://doi.org/10.1177/07334648241273337>

Boltz, M., Faan, E. C. P. R., & Faan, T. T. F. P. R. (2024). Evidence-Based Geriatric Nursing protocols for best practice.

Borson, S, Scanlan J, Brush M, Vitaliano P, Dokmak A. The Mini-Cog: a cognitive 'vital signs' measure for dementia screening in multi-lingual elderly. *International Journal of Geriatric Psychiatry*, 2000; 15(11):1021-7

Burnes, D., Sheppard, C., Henderson, C. R., Wassel, M., Cope, R., Barber, C., & Pillemer, K. (2019). Interventions to reduce ageism against older adults: A systematic review and meta-analysis. *American Journal of Public Health*, 109(8). <https://doi.org/10.2105/ajph.2019.305123>

Cho D, Cheon W. Older Adults' Advance Aging and Life Satisfaction Levels: Effects of Lifestyles and Health Capabilities. *Behav Sci (Basel)*. 2023 Mar 29;13(4):293. doi: 10.3390/bs13040293. PMID: 37102806; PMCID: PMC10135984.

Choudhury J, Perrio S, Scobell M, Bertram T, Gray A. Proactive care post-discharge to reduce 30 day readmissions to hospital. *Int J Risk Saf Med*. 2022;33(S1):S41-S45. doi: 10.3233/JRS-227022. PMID: 35871366; PMCID: PMC9844062.

Crance, S. J., & Yu, F. (2025). Characteristics, Needs, and Perspectives of Individuals Living Alone With Dementia: An Integrative Review. *Health Science Reports*, 8(1), e70348.

Cunningham, U., Ward, M. E., De Brún, A., & McAuliffe, E. (2018). Team interventions in acute hospital contexts: a systematic search of the literature using realist synthesis. *BMC health services research*, 18, 1-15.

Dong, X., Chen, R., & Simon, M. A. (2014). Elder abuse and dementia: a review of the research and health policy. *Health affairs (Project Hope)*, 33(4), 642–649. <https://doi.org/10.1377/hlthaff.2013.1261>

Eliopoulos, C. (2021). *Gerontological Nursing*. United States: Wolters Kluwer Health.

Ellis G, Gardner M, Tsiachristas A, Langhorne P, Burke O, Harwood RH, Conroy SP, Kircher T, Somme D, Saltvedt I, Wald H, O'Neill D, Robinson D, Shepperd S. Comprehensive geriatric assessment for older adults admitted to hospital. *Cochrane Database of Systematic Reviews* 2017, Issue 9.

Elsawy, B., & Higgins, K. E. (2011, January 1). The geriatric assessment. *AAFP*.
<https://www.aafp.org/pubs/afp/issues/2011/0101/p48.html>

Emily Morgan, Bryanna De Lima, Anna Pleet, Elizabeth Eckstrom, Health Equity in an Age-Friendly Health System: Identifying Potential Care Gaps, *The Journals of Gerontology: Series A*, Volume 77, Issue 11, November 2022, Pages 2306–2310

Escobedo, M. (2024, August 2). New CMS measure will publicly report on Hospitals' commitment and capabilities to provide age-friendly care. The John A. Hartford Foundation.
<https://www.johnahartford.org/newsroom/view/new-cms-measure-will-publicly-report-on-hospitals-commitment-and-capabilities-to-provide-age-friendly-care#:~:text=Hartford%20Foundation-,The%20John%20A.,can%20continue%20their%20vital%20contributions.>

Ferguson MA, Kitterick PT, Chong LY, Edmondson-Jones M, Barker F, Hoare DJ. Hearing aids for mild to moderate hearing loss in adults. *Cochrane Database of Systematic Reviews* 2017, Issue 9. Art. No.: CD012023. DOI: 10.1002/14651858.CD012023.pub2. Accessed 11 January 2025.

Figueiro, M. G., Gras, L. Z., Plitnick, B., Rea, M. S., Rea, A. C., Brower, M., & Czeisler, C. A. (2022). Effect of a dynamic lighting intervention on falls in long-term care residents: A cluster randomized clinical trial. *Journal of the American Medical Directors Association*, 23(7), 1171–1178.e4. <https://doi.org/10.1016/j.jamda.2022.04.007>

Francis, J. & Young, B. Diagnosis of delirium and confusional states. Up to date. 2022

Fulmer, T., Pelton, L., Zhang, J., & Huang, W. (Eds.). (2022). *Age-Friendly Health Systems: A Guide to Using the 4Ms While Caring for Older Adults*. Institute for Healthcare Improvement

Gill TM, Allore HG, Hardy SE, Guo Z. The dynamic nature of mobility disability in older persons. *J Am Geriatr Soc*. 2006 Feb;54(2):248-54. doi: 10.1111/j.1532-5415.2005.00586.x. PMID: 16460375.

Gilsanz P, Corrada MM, Kawas CH, Mayeda ER, Glymour MM, Quesenberry CP Jr, Lee C, Whitmer RA. Incidence of dementia after age 90 in a multiracial cohort. *Alzheimers Dement*. 2019 Apr;15(4):497-505. doi: 10.1016/j.jalz.2018.12.006. Epub 2019 Feb 20. PMID: 30797730; PMCID: PMC6497045.

Gold, D. An examination of instrumental activities of daily living assessment in older adults and mild cognitive impairment. *J clin Exp Neuropsychology*. 2012; 34(1):11-34.

Goodwin, V. A., Low, M. S., Quinn, T. J., Cockcroft, E. J., Shepherd, V., Evans, P. H., ... & Witham, M. D. (2023). Including older people in health and social care research: best practice recommendations based on the INCLUDE framework. *Age and Ageing*, 52(6), afad082.

Guidelines from the American Geriatric Society Target Management of Chronic Pain in Older Persons. V. Rose. *American Family physician*, 1998."

Halphen, J. Elder abuse, self-neglect, and related phenomena. Up to date. 2024Edemekong et al., 2025).

Henry, J. D., Coundouris, S. P., & Nangle, M. R. (2024). Breaking the links between ageism and health: an integrated perspective. *Ageing Research Reviews*, 95, 102212."

Hill, J. E., Stephani, A. M., Sapple, P., & Clegg, A. J. (2020). The effectiveness of continuous quality improvement for developing professional practice and improving health care outcomes: a systematic review. *Implementation Science*, 15, 1-14.

Holliday, A.M, Hawley, C., Phung, E., & Schwartz, A. The Geriatrics 5Ms. *J Am Geriatr Soc*, 2019.

Hong A, Welch-Stockton J, Kim JY, Canham SL, Greer V, Sorweid M. Age-Friendly Community Interventions for Health and Social Outcomes: A Scoping Review. *Int J Environ Res Public Health*. 2023 Jan 31;20(3):2554. doi: 10.3390/ijerph20032554. PMID: 36767920; PMCID: PMC9915867.

Iatrogenic disease in the elderly: risk factors, consequences, and prevention. S. Permpongkosil, 2011. *Clin Interv Aging*."

Inouye SK, VanDyck CH, Alessi CA et al. Clarifying confusion: The Confusion Assessment Method. A new method for detecting delirium. *Ann Intern Med*. 1990; 113:941-8.

Institute for Healthcare Improvement. (2020, July). Guide to using the 4Ms in the care of older adults. Age-Friendly Health Systems.
https://forms.ihl.org/hubfs/IHIAgeFriendlyHealthSystems_GuidetoUsing4MsCare.pdf

Institute for Healthcare Improvement. (2024). Age friendly health systems: Guide to using the 4Ms in the care of older adults in hospitals and ambulatory care practices (Spring 2024).
https://241684.fs1.hubspotusercontent-na1.net/hubfs/241684/AgeFriendlyHealthSystems_GuidetoUsing4MsCare_FINAL_July2020.pdf

Integrating social workers ensures comprehensive resource navigation, addressing both health and social needs (Gleckman, H. (2019). *Aging and community care*, p. 78).(Source: *Equity in Age-Friendly Care*, p. 23)

Interdisciplinary rehabilitation enhances functional recovery and quality of life (Landefeld, C. S., et al. (2021). Interdisciplinary care models, p. 55).

J Am Geriatr Soc 68:2373–2381, 2020.

Jablonski-Jaudon RA, Kolanowski AM, Winstead V, Jones-Townsend C, Azuero A. Maturation of the MOUTh Intervention: From Reducing Threat to Relationship-Centered Care. Journal of Gerontological Nursing. 2016;42(3):15-23. doi:10.3928/00989134-20160212-05

Justification: Beneficence refers to actions that promote the well-being of patients, a core principle in age-friendly care (Beauchamp & Childress, 2019, p. 67).

Justification: Holistic care improves quality of life for patients with serious illnesses (WHO, 2020, p. 109).

Justification: Transportation and telehealth improve access, especially for rural and mobility-limited populations (Bashshur et al., 2020, p. 90).

Kent, E. E., et al. (2020). Family caregiving in the United States, p. 45.

Kim, D. H., & Rockwood, K. (2024). Frailty in older adults. New England Journal of Medicine, 391(6), 538–548.

Klotz U. Pharmacokinetics and drug metabolism in the elderly. Drug Metab Rev. 2009;41(2):67-76. doi:10.1080/03602530902722679"

Kojima, T., Mizokami, F., & Akishita, M. (2020). Geriatric management of older patients with multimorbidity. Geriatrics and Gerontology International/Geriatrics & Gerontology International, 20(12), 1105–1111. <https://doi.org/10.1111/ggi.14065>

Krause N. Religious meaning and subjective well-being in late life. J Gerontol B Psychol Sci Soc Sci. 2003 May;58(3):S160-70. doi: 10.1093/geronb/58.3.s160. PMID: 12730317.

Kwak, M. J., Inouye, S. K., Fick, D. M., Bonner, A., Fulmer, T., Carter, E., Tabbush, V., Maya, K., Reed, N., Waszynski, C., & Oh, E. S. (2023). Optimizing delirium care in the era of Age-Friendly health system. Journal of the American Geriatrics Society, 72(1), 14–23. <https://doi.org/10.1111/jgs.18631>

L. Sokol-Hessner, A. Zambeaux, K. Little, L. Macy, K. Lally, K. McCutcheon Adams. (2019) "Conversation Ready": A Framework for Improving End-of-Life Care (Second Edition). IHI White Paper. Boston, Massachusetts: Institute for Healthcare Improvement. <https://patientcarelink.org/wp-content/uploads/2019/07/IHIConversationReadyWhitePaper.pdf>

Laborde C, Bador J, Hacquin A, Barben J, Putot S, Manckoundia P, Putot A. Atypical Presentation of Bacteremic Urinary Tract Infection in Older Patients: Frequency and Prognostic Impact. *Diagnostics (Basel)*. 2021 Mar 15;11(3):523. doi: 10.3390/diagnostics11030523. PMID: 33804271; PMCID: PMC8001488.

Laderman, M., Jackson, C., Little, K., Duong, T., & Pelton, L. (2019). "What matters" to older adults? A toolkit for health systems to design better care with older adults . Institute for Healthcare Improvement. https://www.ihl.org/sites/default/files/2023-09/IHI_Age_Friendly_What_Matters_to_Older_Adults_Toolkit.pdf

Lee S, Skains RM, Magidson PD, Qadoura N, Liu SW, Southerland LT. Enhancing healthcare access for an older population: The age-friendly emergency department. *J Am Coll Emerg Physicians Open*. 2024 May 8;5(3):e13182. doi: 10.1002/emp2.13182. PMID: 38726466; PMCID: PMC11079440.

Lekas, H. M., Pahl, K., & Fuller Lewis, C. (2020). Rethinking Cultural Competence: Shifting to Cultural Humility. *Health services insights*, 13, 1178632920970580. <https://doi.org/10.1177/1178632920970580>

Liu R, Chi I, Wu S. Caregiving Burden Among Caregivers of People With Dementia Through the Lens of Intersectionality. *Gerontologist*. 2022 May 26;62(5):650-661. doi: 10.1093/geront/gnab146. PMID: 34606599.

Losi, S., Berra, C. C., Fornengo, R., Pitocco, D., Biricolti, G., & Orsini Federici, M. (2021). The role of patient preferences in adherence to treatment in chronic disease: A narrative review. *Drug Target Insights*, 15, 13–20. <https://doi.org/10.33393/dti.2021.2342>

MacLulich, A. M., Hosie, A., Tieges, Z., & Davis, D. H. (2022). Three key areas in progressing delirium practice and knowledge: Recognition and relief of distress, new directions in delirium epidemiology and developing better research assessments. *Age and Ageing*, 51(11). <https://doi.org/10.1093/ageing/afac271>

Mangoni AA, Jackson SH. Age-related changes in pharmacokinetics and pharmacodynamics: basic principles and practical applications. *Br J Clin Pharmacol*. 2004;57(1):6-14. doi:10.1046/j.1365-2125.2003.02007.x

Markota, M., Rummans, T. A., Bostwick, J. M., & Lapid, M. I. (2016). Benzodiazepine use in older adults: Dangers, management, and alternative therapies. *Mayo Clinic Proceedings*, 91(11), 1632–1639. <https://doi.org/10.1016/j.mayocp.2016.07.024>

Marks, J., Predescu, I., & Dunn, L. B. (2021). Ethical issues in caring for older adults. *FOCUS the Journal of Lifelong Learning in Psychiatry*, 19(3), 325–329. <https://doi.org/10.1176/appi.focus.20210011>

Mate, K., Fulmer, T., Pelton, L., Berman, A., Bonner, A., Huang, W., & Zhang, J. (2021). Evidence for the 4Ms: Interactions and Outcomes across the Care Continuum. *Journal of aging and health*, 33(7-8), 469–481. <https://doi.org/10.1177/0898264321991658>

Mate, K., Fulmer, T., Pelton, L., Berman, A., Bonner, A., Huang, W., & Zhang, J. (2021). Evidence for the 4Ms: Interactions and Outcomes across the Care Continuum. *Journal of aging and health*, 33(7-8), 469–481. <https://doi.org/10.1177/0898264321991658>

Moreno, A., Scola, M.-C., Sun, H., Durce, H., Couve, C., Acevedo, K., & Gutman, G. M. (2024). A systematic review of gerontechnologies to support aging in place among community-dwelling older adults and their family caregivers. *Frontiers in Psychology*, 14. <https://doi.org/10.3389/fpsyg.2023.1237694>

Mukamel DB, Saliba D, Ladd H, Konetzka RT. Association of Staffing Instability With Quality of Nursing Home Care. *JAMA Netw Open*. 2023;6(1):e2250389. doi:10.1001/jamanetworkopen.2022.50389"

Musich, S., Wang, S. S., Kraemer, S., & Yeh, C. S. (2023). The association of psychological protective factors with caregiver mental health outcomes. *Geriatric Nursing*, 50, 174-180.

Nai, Michelle MSN, RN, GERO-BC; Robinson, Roxann MSN, RN, GERO-BC, CMSRN; Montano, Anna-Rae PhD, RN, MEDSURG-BC, OCN; Waszynski, Christine DNP, APRN, GNP-BC. The Therapeutic Hub: A Person-Centered Approach to Age-Friendly Care. *AJN, American Journal of Nursing* 125(5):p 56-60, May 2025. | DOI: 10.1097/AJN.0000000000000062

Naito, R., McKee, M., Leong, D., Bangdiwala, S., Rangarajan, S., Islam, S., & Yusuf, S. (2023). Social isolation as a risk factor for all-cause mortality: Systematic review and meta-analysis of cohort studies. *PloS one*, 18(1), e0280308.

National Center to Reframe Aging. (2023). Communication best practices: Reframing Aging Initiative guide to telling a more complete story of aging. Reframing Aging Initiative . <https://www.reframingaging.org/Portals/0/pdfs/RAI-Communication-Best-Practices-Guide.pdf>

National Council for Therapeutic Recreation. (2024, October 1). Certification standards. Information for Certified Therapeutic Recreation Specialist and New Applicants. <https://www.nctrc.org/wp-content/uploads/2023/01/CertificationStandards.pdf>

National Institute on Aging. (2021). What Are Palliative Care and Hospice Care? <https://www.nia.nih.gov/health/hospice-and-palliative-care/what-are-palliative-care-and-hospice-care>

Nicolay, C., Purkayastha, S., Greenhalgh, A., Benn, J., Chaturvedi, S., Phillips, N., & Boaden, R. (2025). The integration of quality improvement and implementation science methods and frameworks in healthcare: a systematic review. *BMC Health Services Research*, 25(1), 1-15. <https://doi.org/10.1186/s12913-025-12730-9>

Nokwanda N. Ngcobo. Influence of Ageing on the Pharmacodynamics and Pharmacokinetics of Chronically Administered Medicines in Geriatric Patients: A Review. Open access Published: 11 January 2025

O'Mahony, D., Cherubini, A., Guiteras, A.R. et al. STOPP/START criteria for potentially inappropriate prescribing in older people: version 3. *Eur Geriatr Med*14, 625–632 (2023). <https://doi.org/10.1007/s41999-023-00777-y>

Office of Disease Prevention and Health Promotion. (2021). How can I stay active as I get older? Move Your Way. https://odphp.health.gov/sites/default/files/2021-07/PAG_MYW_FactSheet_OlderAdults_07-08_508c.pdf

Office of Disease Prevention and Health Promotion. (2024). Social Determinants of Health and Older Adults. <https://odphp.health.gov/our-work/national-health-initiatives/healthy-aging/social-determinants-health-and-older-adults>

Page AT, Clifford RM, Potter K, Schwartz D, Etherton-Beer CD. The feasibility and effect of deprescribing in older adults on mortality and health: a systematic review and meta-analysis. *Br J Clin Pharmacol*. 2016 Sep;82(3):583-623. doi: 10.1111/bcp.12975. Epub 2016 Jun 13. PMID: 27077231; PMCID: PMC5338123.

Palliative Care for the Seriously Ill. Kelley AS, Morrison RS. *The New England Journal of Medicine*. 2015;373(8):747-55. doi:10.1056/NEJMra1404684.

Patients experiencing delirium need reassurances that they are safe and healthcare team is there to care for them."

Pel-Littel, R. E., Snaterse, M., Teppich, N. M., Buurman, B. M., van Etten-Jamaludin, F. S., van Weert, J. C., ... & Scholte Op Reimer, W. J. (2021). Barriers and facilitators for shared decision making in older patients with multiple chronic conditions: a systematic review. *BMC geriatrics*, 21, 1-14.

Queen's University Belfast. (n.d.). HSC operational guidance - relationships sexuality and ... Health and Social Care. <https://niopa.qub.ac.uk/bitstream/NIOPA/13434/1/HSC-Operational-Guidance-Relationships-Sexuality-and-Dementia.pdf>

Ref: *Journal of Aging and Health* 33 (7-8); 475-477.

Rutherford, Bret R., et al. Sensation and Psychiatry: Linking Age-Related Hearing Loss to Late-Life Depression and Cognitive Decline. *American Journal of Psychiatry*. March 2018. Found on the internet at <https://pubmed.ncbi.nlm.nih.gov/29202654/>

Sarah A. Welch DO, MPH, Kristin R. Archer PhD, DPT, Alicia M. Hymel MS, Jacquelyn S. Pennings PhD, Andrea Wershof Schwartz MD, MPH, AGSF, Christy Kang BS, Edward T. Qian MD, MS, Maria C. Duggan MD, MPH, Christianne L. Roumie MD, MPH

Schepens S, Sen A, Painter JA, Murphy SL. Relationship between fall-related efficacy and activity engagement in community-dwelling older adults: a meta-analytic review. *Am J Occup Ther.* 2012 Mar-Apr;66(2):137-48. doi: 10.5014/ajot.2012.001156. PMID: 22394523; PMCID: PMC3324848.

Schwertner, E., Pereira, J. B., Xu, H., Secnik, J., Winblad, B., Eriksdotter, M., ... & Religa, D. (2022). Behavioral and psychological symptoms of dementia in different dementia disorders: a large-scale study of 10,000 individuals. *Journal of Alzheimer's Disease*, 87(3), 1307-1318.

Shellito, A. D., Dworsky, J. Q., Kirkland, P. J., Rosenthal, R. A., Sarkisian, C. A., Ko, C. Y., & Russell, M. M. (2021). Perioperative Pain Management Issues Unique to Older Adults Undergoing Surgery: A Narrative Review. *Annals of surgery open : perspectives of surgical history, education, and clinical approaches*, 2(3), e072. <https://doi.org/10.1097/AS9.0000000000000072>

Siegler, E. L., Lama, S. D., Knight, M. G., Laureano, E., & Reid, M. C. (2015). Community-Based Supports and Services for Older Adults: a primer for clinicians. *Journal of Geriatrics*, 2015, 1–6. <https://doi.org/10.1155/2015/678625>

Smith ML, Bergeron CD, Goltz HH, Coffey T, Boolani A. Sexually Transmitted Infection Knowledge among Older Adults: Psychometrics and Test-Retest Reliability. *Int J Environ Res Public Health.* 2020 Apr 3;17(7):2462. doi: 10.3390/ijerph17072462. PMID: 32260298; PMCID: PMC7177870.

Sohn, Bonnie C. et al. (2024) Clinician's Guide to Geriatric Assessment, Mayo Clinic Proceedings, Vol. 99, Issue 11, 1773 - 178

Standardized protocols reduce errors and improve patient outcomes during transitions (Kripalani, S., et al. (2019).Improving transitions of care, p. 62.)

Stineman MG, Xie D, Pan Q, Kurichi JE, Saliba D, Streim J. Activity of daily living staging, chronic health conditions, and perceived lack of home accessibility features for elderly people living in the community. *J Am Geriatr Soc.* 2011 Mar;59(3):454-62. doi: 10.1111/j.1532-5415.2010.03287.x. Epub 2011 Mar 1. PMID: 21361881; PMCID: PMC3073492.

Sudore, R. (2022). Advance Care Planning: What Is It and When Should It Be Done? National Council of Aging. <https://www.ncoa.org/article/advance-care-planning-what-is-it-and-when-should-it-be-done/>

The Joint Commission. (n.d.). Accountability Measures. www.jointcommission.org/measurement/measures/.

The Katz Index assesses functional status related to basic self-care activities (Katz et al., 2021, p. 87).

The TUG test is an evidence-based tool for evaluating mobility and fall risk in older adults (Podsiadlo & Richardson, 1991, p. 210).

Thomas, R. E., & Lorenzetti, D. L. (2018). Interventions to increase influenza vaccination rates of those 60 years and older in the community. Cochrane Library. <https://doi.org/10.1002/14651858.cd005188.pub4>

Tran AK, Syed QS, Bierman AS, Singh H. State of the Science and Future Directions To Improve Diagnostic Safety in Older Adults. Rockville, MD: Agency for Healthcare Research and Quality; September 2024. AHRQ Publication No. 24-0010-7-EF.

U.S. Department of Justice. (2023, November 7). Red Flags of Elder abuse. Elder Justice Initiative (EJI). <https://www.justice.gov/elderjustice/red-flags-elder-abuse>

Veronese, N., Custodero, C., Demurtas, J., Smith, L., Barbagallo, M., Maggi, S., Vanacore, N., Aprile, P., Ferrucci, L., & P, A. (2022). Comprehensive geriatric assessment in older people: an umbrella review of health outcomes. *Age and Ageing*, 51(5). <https://doi.org/https://doi.org/10.1093/ageing/afac104>

Ward, K. & Reuben. Up to Date. Comprehensive Geriatric Assessment. April 2024

Warfarin and food, herbal or dietary supplement interactions: A systematic review <https://pubmed.ncbi.nlm.nih.gov/32478963/>

Warren, A. (2022). Behavioral and psychological symptoms of dementia as a means of communication: considerations for reducing stigma and promoting person-centered care. *Frontiers in psychology*, 13, 875246.

Wiels, W., Baeken, C., & Engelborghs, S. (2020). Depressive symptoms in the elderly—An early symptom of dementia? A systematic review. *Frontiers in pharmacology*, 11, 34. <https://doi.org/10.3389/fphar.2020.00034>

Williams, P. (2016). In Williams, P. (Ed.), *Basic geriatric nursing*. (pp. 127-147). Elsevier, Inc.

Williams, P. (2023). *Basic geriatric nursing* (8th ed.). (pp. 194-197). Elsevier, Inc.

Wong, E.K.C., Hoang, P.M., Kouri, A. et al. Effectiveness of geriatric rehabilitation in inpatient and day hospital settings: a systematic review and meta-analysis. *BMC Med* 22, 551 (2024).

[efaidnbmnnnibpcajpcglclefindmkaj/https://www.nps.org.au/assets/AP/pdf/p129-Ahmad-Mehta-v2.pdf](https://www.nps.org.au/assets/AP/pdf/p129-Ahmad-Mehta-v2.pdf)

<https://academic.oup.com/epirev/article-abstract/35/1/75/552863?redirectedFrom=fulltext> Introduction

<https://acl.gov/programs>

https://americandeliriumsociety.org/wp-content/uploads/2021/08/CAM-Long_Training-Manual.pdf

<https://bmcgeriatr.biomedcentral.com/articles/10.1186/s12877-023-04482-0#:~:text=Older%20adults%20are%20frequent%20users,their%20social%20isolation%20%5B11%5D.Introduction>

<https://doi.org/10.1177/0898264321991658>

<https://journals.sagepub.com/doi/full/10.1177/08901171211030142f>

<https://medicalteam.com/tips-for-preparing-your-home-after-hip-replacement-surgery>"

<https://pmc.ncbi.nlm.nih.gov/articles/PMC10454452/>

<https://www.aafp.org/pubs/afp/issues/2014/0315/p453.html> Introduction

<https://www.acep.org/geda/accreditation-levels/accreditation-levels-gold>

<https://www.cedars-sinai.org/blog/confronting-ageism-in-healthcare.html#:~:text=You%20struggle%20to%20remember%20major,of%20Geriatrics%20at%20Cedars%2DSinai.Signs of Ageism>

https://www.ihi.org/sites/default/files/2023-09/IHI_Age_Friendly_Health_Systems_EPIC_Implementation_Guide.pdf

https://www.ihi.org/sites/default/files/2023-10/AgeFriendlyHealthSystems_How-to-Have-Conversations-with-Older-Adults-About-What-Matters.pdf

<https://www.ncbi.nlm.nih.gov/books/NBK470404>

[https://www.nia.nih.gov/health/falls-and-falls-prevention/preventing-falls-home-room-room#:~:text=Mount%20grab%20bars%20near%20toilets,on%20automatically%20in%20the%20dark."](https://www.nia.nih.gov/health/falls-and-falls-prevention/preventing-falls-home-room-room#:~:text=Mount%20grab%20bars%20near%20toilets,on%20automatically%20in%20the%20dark.)

<https://www.nia.nih.gov/health/hearing-and-hearing-loss/hearing-loss-common-problem-older-adults#:~:text=Hearing%20loss%20can%20affect%20cognitive,sounds%20are%20harder%20to%20hear.> Health Effects of Hearing Loss

<https://www.nia.nih.gov/health/hospice-and-palliative-care/what-are-palliative-care-and-hospice-care#:~:text=in%20your%20browser.-,What%20is%20palliative%20care?,Parkinson's%20disease%2C%20and%20many%20others.> What is Palliative Care?

<https://www.practicenursing.com/content/dysphagia/dysphagia-a-guide-for-nurses-in-general-practice/>

<https://www.sciencedirect.com/science/article/pii/S0197457216300957#:~:text=Caregivers%20are%20self%20identified%20individuals,caregiving%20on%20their%20personal%20health.Introduction>

<https://www.ucsfhealth.org/education/communicating-with-people-with-hearing-loss>

<https://www.uptodate.com/contents/comprehensive-geriatric-assessment#:~:text=It%20requires%20evaluation%20of%20multiple,influence%20an%20older%20adult's%20health.page%201>

[nursingworld.org/practice-policy/work-environment/health-safety/delirium\)](https://nursingworld.org/practice-policy/work-environment/health-safety/delirium)

pubmed.ncbi.nlm.nih.gov/36767920